



April 2009

Volume 14, Issue 10

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DG Bob Garr



VDG Becki Stange

District Governor Bob Garr

Enterprise Lions Club
Vice District Governor **Becki Stange**
Cabinet Secretary **Anita Schwarm**
Cabinet Treasurer **Donna Kendall**

4-C1 Affiliated Lioness Clubs

Lioness President Joyce Wimple

Loma Rica Lioness
Lioness Vice President **Diane Lucido**
Lioness Secretary **Madelyn Mason**
Lioness Treasurer **Gerri Russak**

New Leaders

By Lion Bob Garr, District Governor

This is the time of year when the local Lions Clubs begin to get ready for next year by electing new officers. Some clubs have already held elections while others are right in the midst of their elections. The candidates for the various offices will be as varied as the clubs. Some will be standing for election for the second, third or more times while others will be running for the first time. In every case, those stepping forward will need the support of their club members.

When these new electors are identified, one of the first orders of business is the preparation and submission of the PU 101 form. While Lions International needs it for their records, it proves to

be much more valuable. International, MD4 and Dist. 4-C1 all use the information to develop their directories, set up mailings and e-mail addresses, as appropriate, and make contacts with clubs about the myriad of programs available to each Lion.

One of the important things will be upcoming training and information sessions put on by the District. While these early sessions are aimed at the new officers, every Lion can benefit from attending. As they say, everyone should always be learning something new every day. This is a chance to do that about Lions. Even more important, everyone has the potential to introduce something of value to

every training or informational session. Your questions, comments, observations and knowledge are always of value to others. One never knows when a small comment made during such sessions can turn into an international program of significant impact upon the people of the world.

Our District Convention is coming soon. April 24, 25 and 26 in Corning to be exact. I look forward to seeing many of you there.



PU 101 Form

By Lion Becki Stange, VDG

This is a reminder for all club secretaries to send your PU 101 forms in as soon as club elections are held! It is one item that gets your District 4-C1 directories out on time! Having your club put in an ad in the directory will also possibly make it cheaper!

Club officers will be sent a date for training – please remember that even if you are repeating an office – **things change!!!**

Club treasurers – make sure that LCI and MD4 dues are current. If they are not, your club will not be allowed to vote at convention!

I look forward to seeing you all at our District 4-C1 Convention in Corning. As my fellow VDG Mel said in their newsletter about their convention, “It promises to be a lot of fun and food and camaraderie; a chance to relax, get to know other club members, and to form some new friendships.”



Message from Lioness Pres. Joyce

Dear Lioness, Lioness-Lions, and Lions,

Again, I encourage every club to be represented at Convention. It is always a fun event and providing an opportunity to meet new people and visit with old friends. It is also a great event to learn what others are doing and maybe get some new ideas for club projects or how to tweak existing projects to make them more successful. Convention also provides an excellent opportunity to introduce new members to District activities. Like our clubs, District needs a continuing new source of talent for the offices and functions.

I hope that you all are enjoying spring and a Happy Easter to you and yours. Take care.

Lioness Joyce Wimple, President
District 4-C1 Lioness



From your editor.....

With the new year approaching and new officers elected I would like to ask each club to send me either by e-mail or snail mail a new roster of club members. Please make sure all e-mail addresses are on the list. With this I can up date emails and pick up new members. This coming year I would like to receive one from each club. Last year when I asked I didn't even receive one from half the clubs in the district. I know each club has one so please send me one.

Thanks Lion Patti
Mane Lion Editor

Convention Raffle Tickets Friendly Reminder

Thank you to all the participating clubs in raffle sales for the upcoming dist. convention!!! The response has been outstanding. Some clubs have requested additional tickets to sell. The first club with 100% sales returned was Paradise Host Lions. **GREAT JOB!**

If your club is not selling your tickets, [please return all unsold tickets back to me, or continue to try to sell. Remember that your club receives \$.25 per **PRE-SALE** ticket sold for your club coffers.

Deadline: April 10th

If your club will be having a representative at convention, please support the district by sending your raffle gift (\$25 value) to me, or send me your club donation of \$25 and I will purchase for you. the first club sending their gift was Fall River Lions. **THANK YOU!!**

Deadline: April 10th

There will be a raffle table next to registration all during convention. You may turn in your club money and ticket stubs during your registration process. Please do not turn in your raffle items until the Sunday buffet.

If you have any questions, please feel free to contact me at 934-2020 or 586-1001

Lion Margaret Albiston
Willows Lion Club
Convention Raffle Chairperson
1070 Green St.
Willows, CA 95988

Lions Green Team Projects for Earth Day, World Environment Day

Your Lions club can organize a Lions Green Team environment project for Earth Day, Wednesday, April 22 or United Nations world environment Day, Friday, June 5, 2009. Suggested Lions Green Team projects include:

- Clean-up project – remove debris from a roadway, nature trail, waterway, or public park. Remove graffiti from public places
http://www.lionsclubs.org/EN/content/programs_env_suggproj.shtml
- Tree planting project – absorb carbon from the atmosphere by planting trees. If every Lions club planted a tree, the planet would have 45,000 more trees.
http://www.lionsclubs.org/ENcontent/programs_env_trees.shtml
- Recycling project – organize a community collection of used eyeglasses, hearing aids, computer parts, cellular telephones, inkjet cartridges, even rubber-soled gym shoes.
<http://www.lionsclubs.org/EN/content/programs.env.recycle.shtml>
- Education project – sponsor a Go Green Club at a local school. Demonstrate use of rain barrels for water management. Organize a hybrid car show.
http://www.lionsclubs.org/EN/content/programs_env_education.shtml

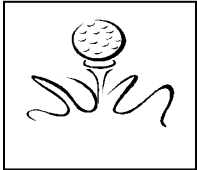
Send news of your successful Lions Green Team project to:
programs@lionsclubs.org



LOOK WHAT'S HAPPENING IN OUR DISTRICT



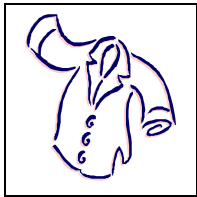
Peach Bowl Lions 20th Annual Rib Feed – May 9th – Whiteaker Hall in Yuba City
Pork Ribs/Chicken & all the Trimmings – No Host Bar @ 6 pm Dinner @ 7 pm
\$20 donation – Call Lion Aron Whealy 741-8342 or Lion Don Ruble 742-1759



Sutter Lions Club 14th Annual Golf Tournament – May 9th – 8:30 am Shotgun Start – 4
person team scramble – Southridge Golf Club, Sutter, CA 755-4653 - \$20,000 Hole-In-
One Prize (A Car or Cash) – Hole Sponsorship \$100 each – Hole sponsorship with 1
Tournament Entry Fee \$160 – Entry Fee: \$85 (Includes Tri-Tip Lunch & Golf Cart) –
Contact: Lion Ron Whisenhunt 755-0725 Or Lion Bob Fremd 674-9478 or
Lion Bruce Smith 755-0780



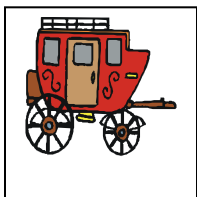
Forest Ranch 9th Annual Pancake Breakfast & Easter Egg Hunt – Saturday, April
11th – Forest Ranch Community Center – Breakfast 8 am to 11 am – Adults \$4
Children under 12 and under \$2 – Carnival Games 10 am to 11:30 am – Egg Hunts
at 11:30 am ~ Ages 5 & under ~ Grades 1, 2, & 3 ~ Grades 4, 5, & 6 – Come See
the Easter Bunny



Red Bluff Leos will be doing a clothes, furniture and toy drive for “Teen Mothers
with Infants and Toddlers.” The project will start March 28th to April 30th, 2009.
They’ll be donating some to Agencies, Pre Schools, and Shelters in Red Bluff –
like the toys and coats. Also to our foster youth with infants. If you have any
questions please call Lion Rita Hidy @ 527-7988 or 200-0036.



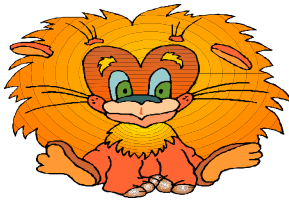
The Yuba Feather Lions Club will be hosting a Cow Pasture Golf Tournament for those
who would like to have some fun golfing under diverse conditions. This will be a fun
time for the amateurs as well as the “pros”. It will be held at the McGill’s pasture on
Frenchtown Rd. in Oregon House, CA. Cost is \$25 for 9 holes of golf and a Mexican
lunch. Lunch only will be \$8. Shotgun start @ 9:30. For info call 692-1507 or
692-2110 by May 7, 2009.



Help Weaverville Lions Celebrate 50 years. Saturday, May 9, 2008. Veterans
Hall on Main Street Weaverville. 5 pm – 9 pm. \$25 per meal ticket – Catered by
La Grange Café. Reservations required by May 2nd. Call Lion Mary Trancho at
623-2810 for info. Places to stay: Weaverville Hotel – 49er Motel – Trinity
Motel – Red Hill Motel/Cabins and Sudney Gulch RV Park



Forest Ranch Lions would like to welcome baby Lions David and Dina Sullivan.



Something to think about.....

In the life of a widower, things and times come and they go. Of all the things and times that come back to me, one is the most recurring, it's Hugs!! One word; four letters that can mean so much. We all have the one arm hugs we give to people we have not seen for a while. I get hugs from my children, and my grandchildren (nothing is more pleasant to hear "I can't leave now, gotta give Grandpa a hug") and from my siblings. I get hugs from friends, special friends, Lions, Lionesses, and they (hugs) are all great and appreciated. I look forward to each and everyone of them, and they help me survive. The one hug I cannot have and the one I miss the most is the one between a married couple. No matter whether they are newlyweds or have been married 50 plus years, there is a certain intimacy there that cannot be duplicated anywhere. If it was within my power, I would fix it so that nobody would have to face this loss. We know this is impossible, therefore I challenge you. Do not pass up the next opportunity to indulge in that special hug. You cannot store them up, but you can remember that you tried to get as many as possible. So go home and hug that special person with that special hug.

Thank you Lion Jay Puls



Lion Leo Rossette, Past Pres., Past Cone Chair and Past Dist. Youth Exchange chair past away on March 4th after a battle with cancer. Lion Leo transferred to the Lakehead Lions from the Mt. Shasta Lions. He was a dedicated Lion chairing many of our projects and proudly sponsoring ten new Lions for their club. Lion Leo was active in the Dist. focusing on youth activities also enjoying attending Cabinet meetings and the Dist. convention. He received several Dist., MD4 and International service awards including the LCIF Medal for Distinguished Leadership. He was an inspiring Lion and will be greatly missed by the Lakehead Lions Club.

All I need to learn about life, I learned from the Easter Bunny!

Don't put all your eggs in one basket.

Walk softly and carry a big carrot.

Everyone needs a friend who is all ears.

There's no such thing as too much candy.

All work and no play can make you a basket case.

A cute little tail attracts a lot of attention.

Everyone is entitled to a bad hare day.

Let happy thoughts multiple like rabbits.

Some body parts should be floppy.

Keep your paws off other people's jellybeans.

Good things come in small sugar-coated packages.

The grass is always greener in someone else's basket.

An Easter bonnet can tame even the wildest hare.

To show your true colors you have to come out of the shell.

The best things in life are still sweet and gooey.

Happy Easter VDG Becki



GOT WATER?

1. 75% of Americans are chronically dehydrated
2. In 37% of Americans, the thirst mechanism is so weak that it is often mistaken for hunger
3. Even MILD dehydration will slow down one's metabolism as much as 3%
4. One glass of water will shut down midnight hunger pangs for almost 100% of the dieters studied in a University of Washington study.
5. Lack of water, the #1 trigger of daytime fatigue.
6. Preliminary research indicates that 8 – 10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers
7. A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page
8. Drinking 5 (8 oz) glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer

The Chico Host Lions Club is sponsoring two different golf tournaments. On May 9th – 9 am shotgun start – 4 man scramble – Sevillano Links Golf Course, Corning - \$85 per individual \$340 for groups of 4 - includes green fees, cart, range balls & lunch – Then on August 8th – 9:30 am TBD start – 4 man scramble – Bidwell Park Golf Course, Chico - \$75 per individual \$300 for groups of 4 - includes green fees, cart, range balls & lunch – For more information contact Lindsay Lewis 894-4731

If your team signs up for both the Sevillano Golf tournament and the Bidwell tournament the individual fee will be \$140 for both tournaments (\$20 savings per individual). Team fees for both tournaments for a foursome would be \$560 (\$80 savings per team).

Total fees will be due at May 9th tournament

2009 Trout Season Opener on the Banks of the Beautiful Fall River at Bobby K. Park

Sponsored by the Fall River Lions
Opened to all Lions, Law Enforcement, and their friends and family. Bring your boat.

Come and view the future site of the great Fall River Lions Lighthouse. Hoisted by the Derenia's on April 25th
For future information please contact the Fall River Lions



Lions District 4-C1 Health Foundation is offering you a chance to help support Camp McCumber Diabetic Camp. You can receive a Camp McCumber Diabetic Camp Supporter patch by just donating \$50 (in one increment) to the 4-C1 Health Foundation. This contribution does not include Fellowship purchases.

For further information please contact Lion Don Ruble at 742-1759 or donruble@yahoo.com

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Please submit any copy for future editions by the earliest date possible.

Deadline is the 20th of the month for the next edition!!

The Mane Lion will consider any submissions by Lions, Lionesses, and Leos of District 4-C1, space availability and timeliness being the primary criteria for publication.

We're on the Web!
www.4C1Lions.org

Happenings for April

April 24th to 26th 4-C1 Convention - Corning

- | | |
|------------------------|---------------------------------|
| April 1 st | April Fools Day |
| April 5 th | Palm Sunday |
| April 10 th | Good Friday |
| April 12 th | Easter Sunday |
| April 22 nd | Earth Day |
| April 22 nd | Administrative Professional Day |



MANE LION
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