



January 2009

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DG Bob Garr



VDG Becki Stange

**District Governor Bob Garr**

*Enterprise Lions Club*  
 Vice District Governor **Becki Stange**  
 Cabinet Secretary **Anita Schwarm**  
 Cabinet Treasurer **Donna Kendall**

*4-C1 Affiliated Lioness Clubs*

**Lioness President Joyce Wimple**

*Loma Rica Lioness*  
 Lioness Vice President **Diane Lucido**  
 Lioness Secretary **Madelyn Mason**  
 Lioness Treasurer **Geri Russak**

**The Mane Lion .....**

By Lion Patti Jenkins, Editor

The newsletter has information for all Lions in Dist. 4-C1 and is posted at the beginning of each month.

Anyone wishing to have items published on the newsletter is urged to submit them at least one full month prior to publication in order to facilitate insertion. The deadline for regular articles is the twenty (20<sup>th</sup>) of the month.

Please, whenever possible, submit copy via e-mail to:

[editorintraining@gmail.com](mailto:editorintraining@gmail.com)

or mail hard copy to:  
 Lion Patti Jenkins  
 2014 Farris Rd.  
 Gridley, Ca. 95948

The Mane Lion does not solicit advertising, but will publish business card ads for \$5 per each insertion. Mail your 2"x3 1/2" card and a check payable to Lions Dist. 4-C1 to the above address.

Zone and Region Chairs and District Committees are encouraged to take full advantage of the newsletter to keep the Lions, Lioness and Leos of District 4-C1 informed about what is happening in your area.



**Dear Fellow Lions ...**

By Becki Stange, *District 4-C1 Vice Governor*

When I was in Illinois over the Holidays last year, I saw the following in a Rockford, IL *Dear Abby* column. It was adapted from the original credo of Al-Anon, but it is a great start for all of us Lions in the New Year -- taking small steps to big changes...

**JUST FOR TODAY:** I will live through this day only.

I will not brood about yesterday or obsess about tomorrow. I will not set far-reaching goals or try to overcome all of my problems at once. I know that I can do something for 24 hours that would overwhelm me, if I had to keep it up for a lifetime. **JUST FOR TODAY:** I will be happy! I will not dwell on thoughts that depress me. If my mind fills with clouds, I will chase them away and fill it with sunshine.

**JUST FOR TODAY:** I will make a conscious effort to be agreeable. I will be kind and courteous to those who cross my path, and I'll not speak ill of others. I will improve my appearance, speak softly, and not interrupt when someone else is talking.

Continued page 2

Message from Lioness Pres. Joyce ....

Dear Lioness, Lioness/Lions and Lions:

First, let me wish you and yours a Very Merry Christmas and Happy New Year.

Please take time to take care of yourselves and your loved ones. The economic news and uncertainty along with all the other negative news can take its toll on your health. Set aside time to do the things that make you feel good and do things with your loved ones that let them know you care. When we feel good we are better able to give hope and care to others and we have many in our communities and the world at large today that need the serve we provide. At this time it is even more important that we stay attuned to new community needs which we might address.

Take Care,  
Lioness Joyce Wimple  
District 4-C1 Lioness President



VDG Becki's article continued:

**JUST FOR TODAY:** I will refrain from improving anybody but myself.

**JUST FOR TODAY:** I will do something positive to improve my health. If I'm a smoker, I'll quit. If I am overweight, I will eat healthfully – if only just for today. And not only that, I will get off the couch and take a brisk walk, even if it's only around the block.

**JUST FOR TODAY:** I will gather the courage to do what is right and take responsibility of my own actions.

Wishing you all the happiest of New Years – every day!!! VDG Becki



## **GREAT TRUTHS THAT LITTLE CHILDREN HAVE LEARNED:**

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mom is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always catch the second person.
- 4) Never ask your 3-year old brother to hold a tomato.
- 5) You can't trust dogs to watch your food.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Never hold a Dust-Buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.



# New Member Recognition Night & District 4-C-1 Cabinet Meeting

January 31 & February 1, 2009  
hosted by North Butte Region

**LOCATION:** Paradise Senior Center - 877 Nunnley Road - Paradise, CA

**LODGING:** host hotel = Comfort Inn - 5475 Clark Road - Paradise, CA - 530-876-0191  
\$71.99 (1-4 people in room) until January 16 (rates increase after that)  
Rooms include: microwave, refrigerator, hair dryer, free DSL,, and Continental Breakfast.  
**Be sure to mention Lions Cabinet Meeting when reserving.**

**THEME:** **MOVIE TITLES** (On Saturday night come dressed as your favorite movie or your favorite movie star).

Saturday night is the night where **ALL New Members** of District 4-C1 are honored.

Lunch for Saturday will be turkey, ham and cheese, salads, condiments, dessert prepared by Paradise Host Lions.  
**Saturday Lunch Cost: \$10.00**

Dinner for Saturday will be Spaghetti and all the trimmings prepared by Paradise Business & Professional Lions.  
**Saturday Dinner Cost: \$10.00**

Sunday Continental Breakfast is hosted by Paradise Ridge Lions for donations.

**Each Club is asked to bring a RAFFLE PRIZE for Saturday night activities.**

\* Meals will cost \$12.00 at the door.

<u>return the bottom portion only</u>	<b>*DEADLINE: January 16, 2009</b>														
make checks payable to: <b>Paradise Host Lions</b>  mail to: <b>Lion Margaret Albiston</b> <b>North Butte Region chair</b> <b>1070 Green St.</b> <b>Willows, CA 95988</b>  <b>Phone: 530-934-2020</b>  <b>email: <a href="mailto:rnm93@sbcglobal.net">rnm93@sbcglobal.net</a></b>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Name _____</td> <td style="width: 50%;">Saturday lunch @ \$10 _____</td> </tr> <tr> <td>Address: _____</td> <td>Saturday dinner @ \$10.00 _____</td> </tr> <tr> <td>_____</td> <td>Sunday Breakfast _____</td> </tr> <tr> <td>_____</td> <td>(donation)</td> </tr> <tr> <td>Phone _____</td> <td>Total Enclosed \$ _____</td> </tr> <tr> <td>Club _____</td> <td></td> </tr> <tr> <td>New Member Yes No</td> <td></td> </tr> </table>	Name _____	Saturday lunch @ \$10 _____	Address: _____	Saturday dinner @ \$10.00 _____	_____	Sunday Breakfast _____	_____	(donation)	Phone _____	Total Enclosed \$ _____	Club _____		New Member Yes No	
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New Member Yes No															

# LIONS DISTRICT 4-C1

## Convention Program for 2009 and District Directory for 2009-2010

### Advertising

**Please** - The help of all clubs is needed in soliciting ads for our Convention Program and District Directory.

The size for a full page ad in the Convention Program is 3  $\frac{3}{4}$ " x 7  $\frac{3}{4}$ ".

The size for a full page ad in the District Directory is 4  $\frac{1}{2}$ " x 7  $\frac{1}{2}$ ".

<u>Ad costs:</u>	<u>Single</u>	<u>Both</u>
Business Card	\$20	\$36
1/2 Page	\$30	\$54
Full Page	\$50	\$90

Please send your copy in a flat envelope. Do not fold or bend.

Please make all checks payable to "District 4-C1"

Please submit all camera-ready art and money for both publications to:

VDG Becki Stange  
13775 South Park Drive  
Magalia, CA 95954-8802

Phone: 530-873-1819

Artwork for Convention Program must be received by March 1, 2009.

Artwork for the District Directory must be received by April 15, 2CONVENTION REPORT

A portion of the 2009 Convention Committee met with the staff of the Rolling Hills Casino this month to go over next years meals and motel costs for next years convention.



# District 4-C1 Retreat



**Saturday, March 7, 2009**

**Veterans Memorial Hall  
735 Oak Street  
Red Bluff**

**9:30 am – 3:30 pm**

This is an interactive retreat open to all Lions in District 4-C1. It is designed to be a positive experience for all participants, and to address concerns and overcome possible obstacles within our district.

- ❖ Positive and negative aspects of our District  
(with facilitators from out of our district)
- ❖ What is, and why do we have Official Protocol Policy
- ❖ How can we increase Cabinet Meeting attendance?
  - ❖ And more.....

**\$5.00 per attendee** (includes lunch of pizza & salad)

**Reservation deadline:** February 28, 2009

-----  
Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Club \_\_\_\_\_ City \_\_\_\_\_

**Number attending \_\_\_\_\_ x \$5 = Amount enclosed \$ \_\_\_\_\_**

**Make checks payable to:** Red Bluff Lions Club

**Mail to:** ZC Karen Kelly-Havener, 829 Locust, Red Bluff, CA 96080-4218

\$5.00 will be charged for each bottle of alcohol or box of wine that is open for the Food Faire. No corking fee will be charged for the Hospitality Hours held on Friday and Saturday nights.

REGISTRATION FORM

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**51<sup>st</sup> Annual District 4-C1 Convention**  
 April 24 – 26, 2009  
 Rolling Hills Casino, Corning, CA  
 Please Print



Name \_\_\_\_\_ Office(s) \_\_\_\_\_ Club \_\_\_\_\_  
 (Last Name) (1<sup>st</sup> name or as desired on badge) (From list below)

Spouse \_\_\_\_\_ Office(s) \_\_\_\_\_ Club \_\_\_\_\_  
 (Last Name) (1<sup>st</sup> name or as desired on badge) (From list below)

Office(s) in Lions: (Please list all that apply above) ID, PID, DG, VDG, IPDG, PDG, Cabinet Sec., Cabinet Treas., Guest, RC, ZC, Club Pres./Pres. Elect, Club Sec./Sec. Elect, Delegate, Convention First Timer, etc.

Address \_\_\_\_\_  
 (Street, City, State, Zip) Phone ( ) \_\_\_\_\_ e-mail \_\_\_\_\_

**DEADLINE FOR MEAL PLANS & CANCELLATION IS April 01, 2009. No telephone registration will be accepted.**  
 At this date the meal registrations must be submitted to the Casino and Dist. 4-C1 will be responsible for payment of the full amount.

**REGISTRATION FEE ONLY**

(Every person attending must pay this fee)

	<b>AMOUNT</b>	<b>ENCLOSED</b>	
Registration received prior to 2-15-09	\$ 10.00	x _____	\$ _____
Registration received after 2-15-09	\$ 20.00	x _____	\$ _____

**MEALS:** Prices include Tax & Gratuity

	<b>AMOUNT</b>	<b>ENCLOSED</b>	
Friday Dinner (Food Faire)	N/C	x _____	\$ <u>00</u> _____
Saturday Breakfast (Full Breakfast at Hotels)	N/C	x _____	\$ <u>00</u> _____
Saturday Lunch Buffet	\$ 25.00	x _____	\$ _____
Saturday Banquet			
Medallions of Pork	\$ 36.00	x _____	\$ _____
Grilled Halibut	\$ 36.00	x _____	\$ _____
Vegetarian Lasagna	\$ 36.00	x _____	\$ _____
Sunday Breakfast (Full Breakfast by Hotels)	N/C	x _____	\$ <u>00</u> _____
<b>TOTAL ENCLOSED</b>			<b>\$ _____</b>

**Please make any dietary requirements known at the time of registration**

Please make checks payable to: District 4-C1 Convention and mail with registration form to:

Lion Marilyn Moody 12394 Angora Dr., Redding, CA 96003

**EARLY BIRD INCENTIVE: IF YOU HAVE TURNED IN YOUR PAID REGISTRATION AND FOOD PACKAGE BY FEBRUARY 01, 2009 YOU WILL BE PLACED IN A DRAWING FOR A REFUND OF YOUR MEAL PACKAGE FOR ONE OR TWO PERSONS AS LISTED, AND PAID FOR, ON YOUR REGISTRATION FORM. EVERYONE IS GIVEN A NUMBER WHEN THEIR REGISTRATION IS RECEIVED AND IT WILL APPEAR ON YOUR BADGE. THE DRAWING WILL BE SATURDAY EVENING AT THE DINNER.**

**ROOM RESERVATIONS**

All room reservations will be handed by the Vagabond inn Executive (The Lodge) (headquarter hotel) 2665 Barham Ave. #427, Corning, CA 96021

Tel: (530) 824-3220 or Ramada Inn, 2645 Barham Ave., Corning, CA 96021 Tel: (530) 824-8300

Use 'District 4-C1 Lions Clubs' when making reservations.

Room rates (both hotels) Std. King or Queen \$84.15 – All up-graded suites with Jacuzzi tubs \$109.00 plus tax

**DEADLINE for room reservations is March 23, 2009**

**Beads tell a tale of courage and hope**



By Kim Proescholdt

A rainbow's myriad colors often reflect past storms, but they also represent hope and new beginnings. With the Beads of Courage program, these same simple and vibrant colors take on a deeper meaning for children suffering from cancer. Through Beads of Courage, City of Hope pediatric patients showcase their stories using colorful beads to commemorate personal milestones as they travel their treatment paths.

When patients begin the program, they receive string and a few lettered beads spelling out their first names. As they undergo different procedures or treatments, they receive beads with colors that match up to each procedure or mark a special accomplishment or event.

A red bead signifies a blood transfusion.

A white bead is given for every day of chemotherapy.

A glow-in-the-dark bead represents radiation treatment.

The list of colors is extensive, but purple may be most coveted: It's awarded when treatment ends.

The Beads of Courage program presents a visual story and encourages children to find meaning within illness and treatment experiences — and develop a sense of achievement. “The Beads of Courage program provides a positive coping strategy and gives our pediatric patients a tangible symbol, like small badges of honor,” which they can use to help others understand their experience, said Ashley Lapointe, R.N., a pediatric cancer nurse who coordinated the program at City of Hope. “The program helps patients and their families have some fun during what is often a very challenging time,” she added.

Jean Baruch, R.N., a pediatric oncology nurse in Tucson, Ariz., originally developed Beads of Courage. She realized that many of the children she treated needed a way to remember and feel a sense of accomplishment during the different steps on their treatment path. Studies of the program indicate it helps decrease illness-related distress and restores a sense of self in children coping with serious or life-threatening illnesses. City of Hope started its program in 2006.

To learn more about the Beads of Courage program, visit [www.beadsofcourage.net](http://www.beadsofcourage.net). For information about the program at City of Hope, please call 626-256-HOPE (4673), ext. 63859.



City of Hope patient Jael Ulloa displays his “Beads of Courage” necklace representing his cancer journey. (Photo by Toni Carreras-Irwin)



**Mane Lion Press Box**

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2014 Farris Rd  
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Please submit any copy for future editions by the earliest date possible.

**Deadline is the  
20th of the month  
for the next edition!!**

The Mane Lion will consider any submissions by Lions, Lionesses, and Leos of District 4-C1, space availability and timeliness being the primary criteria for publication.

<b>Happenings for January</b>	
<b>Jan. 17<sup>th</sup> – 19<sup>th</sup></b>	<b>MD-4 Leadership Training Harris Ranch</b>
<b>Jan. 31<sup>st</sup></b>	<b>New Member Recognition Night Paradise</b>
<b>Jan. 31<sup>st</sup> &amp; Feb. 1<sup>st</sup></b>	<b>Cabinet Meeting Paradise</b>
<b>Jan. 1<sup>st</sup></b>	<b>New Years Day</b>
<b>Jan. 19<sup>th</sup></b>	<b>Martin Luther King Jr. Day</b>

**We're on the Web!**  
**[www.4C1Lions.org](http://www.4C1Lions.org)**

**MANE LION**  
2014 Farris Rd.  
Gridley, CA 95948

